

### Sunless Applications

California Tan Sunless Applications can be tried via an Automated Spray Unit, a Spray Gun (used by a professionally trained therapist), Hand Applied Lotion (used by a professionally trained therapist) and as retail products for home use. All applications result in a fast and beautiful golden tan. All California Tan sunless products contain natural skincare ingredients such as Aloe Vera, Vitamin E, and anti-oxidants such as Lutein. They are also alcohol free and are not tested on animals..

### Automated Spray Tan

This type of sunless application is totally private and very quick. You will activate the session yourself when you are ready. You will be instructed by the salon with regard to specific instructions. Please listen carefully as results will not be optimum if you do not follow instructions correctly. The actual spraying time should be well under a minute. Once the session is finished you will be able to re-dress and leave. You will see some instant colour which will further develop in the next 2-24 hours. The instant colour is very natural and will not prevent you from carrying on with your day as usual.

### Spray Gun

This type of sunless application is provided by a professionally trained therapist using the California Tan Spray Gun and can be tailored specifically to your requirements. It should take no longer than 5-7 minutes for a full body spray. This unique system helps to dry as it sprays so you should be able to re-dress almost straight away. You will see some instant colour which will further develop in the next 2-24 hours. The instant colour is very natural and will not prevent you from carrying on with your day as usual.

### Hand Applied

This type of sunless application includes exfoliation and the application of California Tan Sunless Tanning Lotion by a professionally trained therapist. The application takes approx 1 hour and can be tailored specifically to your requirements. You will see some instant colour which will further develop in the next 2-24 hours. The instant colour is very natural and will not prevent you from carrying on with your day as usual.



**CALIFORNIA TAN**<sup>®</sup>  
*sunless*

for beautiful, golden skin

## Sunless Applications



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## Preparation

Exfoliate your skin with California Tan Primer before your sunless tanning application for smooth skin and even tanning results. Spend a little extra time on knees, elbows, feet and hands. Exfoliate at least once a week to maintain, smooth healthy-looking skin.

Shave at least 6 hours before your sunless tanning session. It is best to wait 24 hours after waxing prior to sunless tanning.

Do NOT moisturise skin within 2 hours prior to your sunless tanning application. Lotions can create a barrier, preventing the absorption of sunless tanning solution or lotions.

Remove makeup prior to sunless tanning for best results.

Wear dark loose fitting clothes. Sunless solution washes out of most clothing, but the cosmetic bronzer could wipe off on lighter coloured clothes, giving temporary discolouration

Do not wear wool, nylon or silk during or after your sunless application for at least 8 hours as the sunless ingredients could cause those materials to stain.

With the use of most sunless spray equipment, you will need to apply barrier cream to the palms of your hands, on nails and cuticles of both hands and feet and on any other areas where you do not wish to have a sunless tan develop. Ask your salon for instruction if you are unsure whether the equipment you are using calls for the use of barrier cream.

## After your Sunless Tanning Application

### Don't...

After your sunless tanning application, wait at least 6 hours before you shower. This will allow time for the self-tanning reaction to occur in the skin. Ideally leave overnight.

Do not moisturise until after your first shower. This could affect the immediate reaction of the sunless solution on the skin and cause streaking.

Do not swim after your sunless tanning session. Immediate contact with water, chlorine and salt water could affect the immediate reaction of the sunless solution. Also, keep in mind that chlorine and salt water may dry your skin and cause your sunless tan to fade faster.

Wait at least 6 hours before you exercise. Excessive perspiration could effect the immediate reaction of the sunless solution on the skin.

Do NOT exfoliate for at least 48 hours after your sunless tanning application. When you do exfoliate, remember to do so gently and evenly to preserve an even, sunless tan.

### Do...

Don't worry if you see colour washing off from your first shower – this is normal. What you see washing off is the cosmetic bronzer. What is left is a beautiful, sunless tan.

Moisturise your skin with California Tan Extender every time you bathe to maintain colour. It has a light DHA bronzer to help extend and even out colour while moisturising the skin to keep it smooth, soft and glowing. Apply to the face and body using a circular motion and wash or wipe hands after application.

Even out results with California Tan Self Tan Lotion or Spray. If your tan starts to fade unevenly, or you just need a tanning "pick me up", apply the sunless tanning lotion or spray to the face and body. Wash hands with soap immediately after application. A great looking tan will develop in 2 to 4 hours. Reapply as needed for deeper colour.

Fill in tan lines and stay sun kissed. Use California Tan Bronzing Powder if your facial tan seems to fade faster than the rest of your body, or you need to fill in tan lines.

Remember to wear extra protection in the sun. The Self Tan Lotion or Spray does not provide any sunscreen. Although you look like you have a tan, remember to apply a California Tan SPF sunscreen when outdoors to keep your skin from burning.

**Show off your tan! You look great!**